

SPECIAL INTERESTS



CPR, FIRST AID & BABYSITTING

CPR & First Aid

Ages 11+
MEDIC First Aid PediatricPlus CPR, and First Aid for Children, Infants, and Adults. Learn how to respond to medical emergencies involving children while earning your CPR/First Aid (re)certification. Ideal for experienced babysitters, child care professionals and youth sports coaches. This course is based on the 2015 CPR and First Aid Guidelines, Caring for Our Children, and other evidence-based treatment recommendations.

Location: Parkview Room
Fee: \$55 Resident/\$60 Non-Resident
Time: 9 am - 3 pm

Code 25599 Feb 4
Code 25600 Apr 1

At Home Alone & First Aid

Ages 10-13
 At Home Alone with First Aid workshop helps your child become ready to be at home alone and prepared for any emergency with a bonus emergency First Aid section! Does your child spend a few hours home alone before or after school? This popular, entertaining workshop will prepare them to look after themselves, how to stay safe and what to do in case of a medical emergency. They'll learn through non-threatening and empowering interactive lessons, role playing and hands-on training. This program has helped thousands of children become more confident and make smarter, safer choices when they're home alone.

Location: Parkview Room
Fee: \$35 Resident/\$38 Non-Resident
Time: 9 am - 1 pm

Code 25597 Sa Feb 18
Code 25598 Sa Apr 15

Babysitting Class

Ages 11-13
 First-time babysitters will learn the skills necessary to watch over young children. Topics covered include growth and development, prevention and personal safety, discipline, fire safety, basic child care feeding, diapering, and bathing. A CPR/First Aid certificate is issued upon completion. Please bring a sack lunch.

Location: Parkview Room
Fee: \$55 Resident/\$60 Non-Resident
Time: 9 am - 3 pm

Code 25594 Sa Jan 7
Code 25595 Sa Mar 11
Code 25596 Sa May 13

Wilderness Remote First Aid & CPR

Ages 14+
 What if someone sustained an injury in a remote area with no cell phone coverage? What would you do? Learn about first aid practices and other life-saving measures:

- Making a stretcher
- CPR
- Helping a choking victim
- Creating tourniquets
- EpiPen application
- Triage techniques

The class meets OSHA and Colorado Fish and Wildlife Division requirements. For more information, contact instructor and EMT Wayne Smart at faroutfa@gmail.com.

Location: Parkview Room
Fee: \$69 Resident/\$76 Non-Resident
Time: 9 am - 5:30 pm

Code 25733 Sa Jan 28
Code 25734 Sa Mar 18

SPANISH FOR KIDS

Language Wonderland™

Ages 18 months-6 years
 Spanish classes will help your child learn a new language, make developmental strides, explore other cultures and make new friends. Our immersion style classes include activities that allow children experience new vocabulary and grammar through movement, basic conversation, art, and cultural lessons.

Location: Parkview Room
Fee: \$165 Resident/\$181 Non-Resident
Day: Saturdays

18 months-3 years
Code 25729

Jan 14-Mar 18 10-10:45am

*Class will be held in the Mountainview Room on Feb 18 & 25 and Mar 11 & 18

Code 25731
Mar 25-May 27 10-10:45am

4-6 years
Code 25730

Jan 14-Mar 18 11-11:50am

*Class will be held in the Mountainview Room on Feb 18 & 25 and Mar 11 & 18

Code 25732
Mar 25-May 27 11-11:50am





COOKING FOR KIDS

Sticky Fingers

Ages 6+

Let your child release their inner chef!

Students will prepare and eat healthy, global-inspired recipes while learning to cook in a fun, engaging and real world way. They'll prepare a full recipe in each class they attend. The Sticky Fingers Cooking chefs teach cooking terminology and how to use cooking utensils while dishing out fun nutrition facts (and even a few bad jokes). Your kids will have a blast every week discovering how easy and fun it is to cook healthy and tasty recipes.

Location: Recreation Center

Day/Time: Monday, 5-6pm

Fees: \$21 Resident/\$23 Non-Resident

Code 25627 Jan 16
Code 25628 Feb 20
Code 25629 Mar 20
Code 25634 Apr 17
Code 25635 May 22

ENGINEERING WITH LEGOS



Play-Well TEKnologies

What can you do with over 20,000 LEGOS? In our Engineering with LEGOS enrichment program, take on real-life engineering challenges. Explore concepts in physics, architecture, mechanical and structural engineering. Find inventive solutions in a fun-filled context that supports the growth of young minds through hands-on, minds-on learning.

Location: Parkview Room

Super Hero Engineering

Ages 6-12

Save the world with LEGOS Super Heroes! Build the hideouts and vehicles of your favorite caped crusaders and learn what makes them not only Super Heroes, but Super Hero Engineers! An experienced Play-Well instructor guides young heroes as they design, build, and save a city where ingenuity and imagination can solve any conflict.

Code 25626

M,Tu,W,Th,F

Mar 27-31 9am-12pm

\$167R/\$184N

CHEER TEAM



Northglenn's Cheer Central Suns Recreational Team

Ages 5-14

Your cheerleader will love this high energy community cheer program. This class will include dance, arm motions, jumps, cheer chants, tumbling and stunts. Northglenn's cheerleading team will perform in house or at a community event each session.

Location: Cheer Central Suns Gym
 1756 Panarma Place
 Broomfield, CO 80026

Fees: \$70 Resident / \$77 Non-Resident
 T-shirt \$15

Day/Time: Thursday, 4:45-5:45 pm

Code 25666 Jan 12-Feb 16
Code 25667 Feb 23-Apr 6
Code 25668 Apr 6-May 18

For more information, contact:

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