

Northglenn Recreation Center Pool Schedule May 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim All Lanes 8:30am-1:00pm	Lap Swim 5:30-8:15am	Lap Swim 5:30-8:15am	Lap Swim 5:30-8:15am	Lap Swim 5:30-8:15am	Lap Swim 5:30-8:15am	Fusion Swim Club 6:30am-8:30am
	Shallow Water Hydroworks All Lanes 8:20-9:20am Doreen	Shallow Water Hydroworks All Lanes 8:20-9:20am Kathryn	Shallow Water Hydroworks All Lanes 8:20-9:20am Doreen	Shallow Water Hydroworks All Lanes 8:20-9:20am Kathryn	Shallow Water Hydroworks All Lanes 8:20-9:20am Doreen	Lap Swim 7:30-8:55am
	Silver Splash© 4 Lanes 9:30-10:30am Doreen	Arthritis Aquafit 9:45-10:30am Doreen	Silver Splash© 4 Lanes 9:30-10:30am Doreen	Arthritis Aquafit 9:45-10:30am Doreen	Silver Splash© 4 Lanes 9:30-10:30am Doreen	 Aqua Zumba 8:55am-9:55am Cha Cha
	Lap Swim 2 Lanes 9:20-10:30am	Water Walking 10:30- 11:15am 4 Lanes Doreen	Lap Swim 2 Lanes 9:20-10:30am	Water Walking 10:30- 11:15am 4 Lanes Doreen	Lap Swim 2 Lanes 9:20-10:30am	Lap Swim All Lanes 10:00am-1:00pm
	Swim Lessons 2 Lanes 10:30am-12:00pm	Swim Lessons 2 Lanes 10:30am-12:00pm	Swim Lessons 2 Lanes 10:30am-12:00pm	Swim Lessons 2 Lanes 10:30am-12:00pm	Swim Lessons 2 Lanes 10:30am-12:00pm	
 Aqua Zumba 1:15pm-2:15pm Annette	Lap Swim All Lanes 10:30am-1:15pm	Lap Swim 2 lanes 10:30-11:15am Lap Swim All Lanes 11:15am-1:15pm	Lap Swim All Lanes 10:30am-1:15pm	Lap Swim 4 Lanes 10:30-12:00pm Lap Swim All Lanes 11:15am-1:15pm	Lap Swim All Lanes 10:30am-1:15pm	Open Swim** 1:00-4:30pm
Open Swim 1:00pm-4:00pm	Open Swim** ALL Lanes 1:15-3:30pm	Open Swim** ALL Lanes 1:15-3:30pm	Open Swim** ALL Lanes 1:15-3:30pm	Open Swim** ALL Lanes 1:15-3:30pm	Open Swim** ALL Lanes 1:15-4:00pm	
	Swim Lessons 4 Lanes 3:30pm-6:30pm	Swim Lessons 4 Lanes 3:30pm-6:30pm	Swim Lessons 4 Lanes 3:30pm-6:30pm	Swim Lessons 4 Lanes 3:30pm-6:30pm	Lap Swim 2 Lanes 4:00-6:30pm	
	Lap Swim 2 Lanes 3:30-5:00pm	Lap Swim 2 Lanes 3:30-6:00pm	Lap Swim 2 Lanes 3:30-5:00pm	Lap Swim 2 Lanes 3:30-6:00pm		
Fusion Swim Club 5:00-9:00pm	Shallow/Deep Water Aquafit 6:05-7:05pm Diane Fusion Swim Club 6:30-9:00pm	Fusion Swim Club 5:00-9:00pm	Shallow/Deep Water Aquafit 6:05-7:05pm Diane Fusion Swim Club 6:30-9:00pm	Fusion Swim Club 5:00-9:00pm		

* If there are fewer than 15 people in the pool during this time & no scheduled program,
a lap lane may be opened up. Please call 303-450-8800 to verify if lap lanes are open.

NEW LAP SWIM HOURS FOR MAY