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NEWS RELEASE

July 2017 Calendar

June 14, 2017 – Schedule of events for the City of Northglenn for July and early August 2017. For media inquiries, please contact Margo Aldrich at 303-450-8713 or maldrich@northglenn.org.

Fitness Bootcamp

Every Saturday, July 1-Aug. 5, 7:30-8:30 a.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

This outdoor fitness class combines strength, cardio, muscle endurance, flexibility, core and functional movement patterns, so you get everything! Cost is \$3.50 for residents, \$4.25 for non-residents for most bootcamps. The cost is free on July 1 and Aug. 5, thanks to the city's Healthy Eating Active Living (HEAL) Committee.

3-on-3 Stars and Stripes Basketball Tournament for Youth

July 1-2, 8 a.m.-5 p.m., Alvin B. Thomas Park, Leroy Drive and Rosalie Drive

Youth in third through eighth grades can compete in this half-court tournament. Score will be kept by 1s and 2s. First squad to 15 wins, with a cap of 20 points. Brackets are divided into third/fourth, fifth/sixth and seventh/eighth grades. Teams are allowed up to five players on a roster. Players registering as individuals will be placed on teams. Cost is \$100 for resident teams, \$110 for non-resident teams and \$32 for individuals. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 20855001

July 4th Festival

Tues., July 4, 7 a.m.-10 p.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

Celebrate America's birthday by bringing out your blankets for the metro area's largest family picnic. The day starts out with a pancake breakfast and 4-mile run and ends with a fabulous fireworks show over Webster Lake. In between are races, food, fun, music, a car show and more! Go to www.northglenn.org/july4th for all the details.

Senior Center Ice Cream Social

Fri., July 7, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive

Here's the scoop - the senior center is hosting an ice cream social. Build your own sundae and cool off with friends. For people ages 55 and over. The event is free, but please RSVP by July 5. Stop by the center, call 303-450-8801 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 20530004. Sponsored by Crossroads Senior Living Community.

13th Annual Wiffleball Tournament

Sat., July 8, 9 a.m.-6 p.m., Northwest Open Space, 112th Avenue and Ranch Drive

Knucklers, fastballs and curveballs – anything goes in the city's 13th Annual Wiffleball Tournament. Get a team of three to five of your buddies and relive your childhood in this summer tournament classic. Participants must be at least 18 years old. Cost is \$110 per team. All players receive t-shirts. For more information or to register, call 303-450-8800 or go to www.northglenn.org/playnorthglenn. Sign up deadline is July 5. RecTrac Code: 20747001

Smartphone 101

Mon., July 10, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive

What makes a phone “smart”? Why would you get one? What do you need to know about plans and data usage, etc.? Find out in this free class that's open to people of all ages. Please RSVP by July 8 at the center, by calling 303-450-8801 or going to www.northglenn.org/playnorthglenn. RecTrac Code: 20527001

Sticky Fingers Youth Cooking Class

Mon., July 10, 5-6 p.m., Northglenn Recreation Center, 11801 Community Center Drive

Kids ages 6 and up will prepare and eat healthy recipes in a fun, engaging and real world way. They'll have a blast discovering how easy and fun it is to cook. Cost is \$21 for residents, \$23 for non-residents. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 20635001

Mayor on the Move

Tues., July 11, 6-8 p.m., Danahy Park, Roseanna Drive and Livingston Drive

Mayor Joyce Downing invites the community to join her for updates about Northglenn and hot dogs on the barbecue. Cost is free – just come on by and enjoy a nice summer evening under the pavilion. Call 303-450-8713 for more information.

Senior Art on Parade Breakfast

Wed., July 12, 9 a.m.-noon, E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

Take a walking tour of all the new Art on Parade sculptures. Northglenn Arts Director Michael Stricker will provide the background information on the pieces. Before the tour, meet at the Dogwood Pavilion for some breakfast burritos, courtesy of the Northglenn Arts & Humanities Foundation. For people ages 55 and over. Cost is free, but you must RSVP by July 10. Call 303-450-8801 or go to www.northglenn.org/playnorthglenn to sign up. RecTrac Code: 20531003

Outdoor Yoga Class

Wed., July 12 and 26, 6:30-7:30 p.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

Who doesn't love a little sun mixed with yoga? Roll out your mat and hold warrior pose with us. Cost is \$3.50 for residents, \$4.25 for non-residents on July 12, but free on July 26, thanks to the city's Healthy Eating Active Living (HEAL) Committee.

Rafting and Hiking Trip for Youth

Thurs., July 13, 9 a.m.-4 p.m., meet at the Northglenn Recreation Center, 11801 Community Center Drive

Head out with the Clear Creek Rafting Company for an introduction to riding the rapids! Participants must wear swimsuit attire and appropriate footwear. We'll stop at Subway for lunch, so please bring money or a sack

lunch. The trip concludes with an afternoon hike. This Colorado Youth Adventures trip is for 11-18 year olds. Cost is \$50 for residents, \$55 for non-residents. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 20965001

“A Funny Thing Happened on the Way to the Forum”

*July 14, 15, 21, 22 at 7:30 p.m. | July 16 and 23 at 2 p.m.
D.L. Parsons Theatre, 11801 Community Center Drive*

The Northglenn Players present one of Broadway’s greatest farces. This musical romp through Rome includes desperate lovers, mistaken identities, scheming neighbors and secrets behind every toga. With delicious music and lyrics by Stephen Sondheim, this is one hair-brained Roman forum you won’t want to miss! Cost is \$14 for adults, \$12 for youth and seniors. Call 303-450-8800 or go to www.northglennarts.org to buy tickets.

Flick ‘N Float

Sat., July 15, 8 p.m., Kiwanis Pool, 550 Garland Drive

Youth ages 11-15 can float along on an inner tube while catching a movie on the big inflatable screen. We’ll announce the movie at a later date. Cost is \$5 for residents, \$6 for non-residents. Pre-registration is strongly encouraged. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to sign up. RecTrac Code: 20967001

Summer Concert Series: Chris Daniels & the Kings

Wed., July 19, 6:30 p.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

Chris Daniels & the Kings perform more than 120 dates per year on two continents. They have a diverse set featuring blues, funk, rock and swing. Food trucks will be selling fares and desserts during this free concert.

Northglenn Sculpture Tour

Thurs., July 20, 9 a.m., meet at the Northglenn Recreation Center, 11801 Community Center Drive

Did you know Northglenn is home to more than 20 sculptures from artists around the nation? Visit each piece on this guided tour. The trip ends at Atlanta Bread Company, where you can buy lunch and discuss all the sculptures. We will provide transportation. The cost is free, but RSVP early because the trip will fill up. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to sign up. RecTrac Code: 20528003

Lung Function Screening

Thurs., July 20, 10 a.m.-noon, Northglenn Senior Center, 11801 Community Center Drive

National Jewish will offer free, non-invasive testing to measure how much and how fast you can move air into and out of your lungs. Appointments are required. Call 303-450-8801 or stop by the senior center to schedule or for more information. Open to all ages.

Senior Center Summer Salad Days

Fri., July 21, noon, Northglenn Senior Center, 11801 Community Center Drive

Enjoy the lighter side of lunch with an all-salad potluck. Bring your favorite salad - jello, pasta, garden or potato. (Or you can just bring a dessert.) Bread, crackers and beverages will be provided. Cost is free. For

people ages 55 and over. Please RSVP by July 19. Call 303-450-8801 or go to www.northglenn.org/playnorthglenn to sign up. RecTrac Code: 20530005

Senior Book Club: “The Love Song of Miss Queenie Hennessy”

Tues., July 25, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive

The Unlikely Pilgrimage of Harold Fry followed Harold on a journey spurred by a letter from old friend Queenie Hennessy, writing from a hospice to say goodbye. What he didn't know was that his decision to walk had caused her both alarm and fear. How could she wait? What would she say? Forced to confront the past, Queenie realizes she must write again in this parallel novel. For people ages 55 and over. Call 303-450-8801 or stop by the center to reserve a copy.

Summer Concert Series: Diamond Empire Band

Wed., July 26, 6:30 p.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

The Diamond Empire Band was built to fill the dance floor. All the band members are trained jazz musicians who are happy to play cocktail music, acoustic covers and all tunes in between. As you enjoy the free concert, food trucks will be on site selling fares and desserts.

Summer Movie Series: “Moana”

Fri., July 28, dusk, E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

The City of Northglenn's free Summer Movie Series launches with one of Disney's latest animated hits. Moana convinces the mighty demigod Maui to join her mission to save her people, and he reluctantly helps her become a wayfinder like her ancestors who sailed before her. Food trucks will be at the park, with goodies available to purchase.

Family Campout

5 p.m. Sat., July 29 – 9 a.m. Sun., July 30, E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

Families are welcome to experience an outdoor overnight adventure. Enjoy pedal boat rides, fishing and other fun activities - including roasting marshmallows around the bonfire. Each campsite can have up to four people, which should include at least one youth and one adult. The fee includes a tent to use, full dinner and a light breakfast. Cost is \$55 per campsite for residents, \$65 for non-residents. Call 303-450-8800 or go to www.northglenn.org/playnorthglenn to register. RecTrac Code: 20208001

National Night Out

Evening of Tues., Aug. 1, Locations Throughout Northglenn

It's America's Night Out Against Crime! Come out and meet your neighbors, city officials and police and fire personnel at National Night Out (NNO). Hang out at block parties hosted by your neighbors. Enjoy food and drinks as you meet police officers, fire fighters, elected officials and city staff. For more information, or if you would like to host a block party, please contact Officer Scott McNeilly at 303-450-8852 or smcneilly@northglenn.org.

Summer Concert Series: Delta Sonics

Wed., Aug. 2, 6:30 p.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

The Delta Sonics have been playing in Colorado since 1992, and have established themselves as one of the finest blues acts in the area with their solid musicianship and exciting live performances. Their musical stylings include Chicago Blues, West Coast Swing, New Orleans R&B, and some early rock n' roll. This free concert will have food trucks on site selling fares and desserts.

Senior Hike: Rocky Mountain Arsenal

Thurs., Aug. 3, leave at 9 a.m. from the Northglenn Senior Center, 11801 Community Center Drive

Spend 90 minutes hiking and enjoying nature at the Rocky Mountain Arsenal. Please bring water. Cost is free. Sign up deadline is Aug. 1. For people ages 55 and over. The city's van only has 14 seats, so please RSVP early at 303-450-8801 or www.northglenn.org/playnorthglenn. RecTrac Code: 20528005

Natural Ways to a Healthy Mood

Thurs., Aug. 3, 1:30 p.m., Northglenn Senior Center, 11801 Community Center Drive

“Don’t worry, be happy” is easier said than done – until now. Learn what affects a healthy mood, including nutrition, supplements, lifestyle and more. Cost is free and open to all ages. RSVP by Aug. 1 by stopping at the center, calling 303-450-8801 or going to www.northglenn.org/playnorthglenn. RecTrac Code: 20527002

Movie in the Park: “Finding Dory”

Fri., Aug. 4, dusk, E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

In this special Summer Movie Series event, Dory, the forgetful blue tang, suddenly remembers she has a family who may be looking for her. Dory, Marlin and Nemo then take off on a life-changing quest to find them. This movie is presented in partnership with El Comercio de Colorado newspaper and Cine en el Parque, and will be shown with Spanish subtitles. As you watch the free movie, food trucks will be at the park selling fares and desserts.

Northglenn, Colo., is a city of 38,648 residents that is located 13 miles north of downtown Denver. In 2016, Northglenn zip code 80233 was named the third-hottest real estate market in the nation by realtor.com. In the heart of the metro area, Northglenn is a place to call home and a forward-thinking community where businesses can thrive. Learn more by visiting northglenn.org. Like us on Facebook, @cityofnorthglenn, and follow us on Twitter, @northglennco.