



NEWS RELEASE

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City of Northglenn Calendar of Events

(Northglenn, CO) City of Northglenn-sponsored events for July and early August 2016:

July 4th Festival

Mon., July 4, 7 a.m.-10 p.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

Help us celebrate America's birthday in this free event for the entire community! Bring your family and friends and enjoy plenty of fun, food, music, patriotism and fireworks.

- The morning kicks off with the annual Boy Scout pancake breakfast and 4-mile fun run.
- The event will feature a car show, the Bike, Trike and Wheelchair and Patriotic Pooch Parades, the Northglenn Senior Organization bake sale and the Northglenn-Thornton Rotary Ducky Derby.
- This year, the festival is adding an additional stage and beer garden alongside the food vending area. Music in the beer garden starts at 12pm.
- Thumpin' opens the main stage at 4pm.
- The American Legion Post 22 Color Guard will honor our nation's military with a 21-gun salute at 7pm followed by a performance from The Long Run.
- The evening concludes with fireworks at 9:30 p.m.

For more details and how to register for the car show and 4-mile run, go to www.northglenn.org/july4th.

Art on Parade Tour for Seniors

Wed., July 6, 9 a.m., Dogwood Pavilion at E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

Enjoy some breakfast and then tour the 2016/17 Art on Parade sculpture series around the park with Cultural Supervisor Michael Stricker. For people ages 55 and up. Cost is free, but please RSVP by July 1 at 303-450-8801 or the Northglenn Senior Center, 11801 Community Center Drive.

2016 Summer Concert Series: Nokuthula

Wed., July 6, 6:30 p.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

Nokuthula has taken the traditional large Zimbabwean marimba ensemble, shrunk it down, added new sounds and instruments, and created something decidedly different with enough of a musical edge to keep you moving!

While you enjoy the free concert, a variety of food trucks and Northglenn brewery Beer By Design will sell their fares and beverages.

This year, the Summer Concert Series moves to the west side of the park. In case of inclement weather, the performance will relocate across the street to the D.L. Parsons Theatre, 11801 Community Center Drive, and start at 7 p.m.

12th Annual Wiffleball Tournament

Sat., July 9, 8:30 a.m., Northwest Open Space, 112th Avenue and Pecos Street

Knucklers, fastballs and curveballs – anything goes in the city's 12th Annual Wiffleball Tournament. Gather a team of three to five players for this one-day event. Participants must be at least 18 years old. Cost is \$110 per team. Awards are given to the top finishers. All participants receive t-shirts. For more information or to register, call 303-450-8800. July 5 is the sign-up deadline.

Avoiding Scams

Mon., July 11, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive

Learn how to stay safe from the latest scams in this lecture presented by the Northglenn Police Department. What are virtual wallets or chips on credit cards? And what do you do if you are the victim of a crime? Please RSVP at 303-450-8801 or by stopping at the center. Open to all ages. Cost is free.

Sticky Fingers Cooking Class

Mon., July 11, 5-6 p.m., Northglenn Recreation Center, 11801 Community Center Drive

Your child will release their inner chef as they prepare and eat healthy American and international recipes. The real world format makes learning to cook fun and engaging for kids ages 6 and up. Cost is \$17.50 for residents, \$19.25 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to sign up. RecXpress Code: 24748

Mayor on the Move: Youth Edition

Tues., July 12, 6 p.m., Larson Park, 108th Avenue and Larson Drive

The Northglenn Youth Commission is co-hosting this special Mayor on the Move event. The community – young and old – is invited. Enjoy hot dogs, games and ice cream while talking to the mayor and finding out what's going on in Northglenn! For more information, call 303-450-8713.

Free Family Swim

Tues., July 12, 5-8 p.m., Kiwanis Pool, 550 Garland Drive

Take the family for a fun summer evening at the pool for free. Don't forget to have some ice cream! Call 303-457-1578 for more information.

Fitness in the Park: Zumba

Tues., July 12, 5:30 p.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

Enjoy a wonderful summer evening with a free fitness event. The community is welcome to dance and move to the music with a fun and festive Zumba class. For more information, please call 303-450-8800.

Parks and Recreation Public Meeting

Thurs., July 14, 5:30 p.m., City Hall Council Chambers, 11801 Community Center Drive

What kind of amenities and features would you like added to Northglenn parks? The city's Parks and Recreation Advisory Board is hosting a public hearing to find out. All interested residents are encouraged to attend. The board will use this feedback to make recommendations to City Council. For more information, call 303-450-8800.

Colorado Youth Adventures: Castle Rock Zip Line Tours

Fri., July 15, 8:30 a.m.-3:30 p.m., meet at the Northglenn Recreation Center, 11801 Community Center Drive

Youth ages 11 to 18 can soar along at speeds of 50 mph on 10 of the state's longest, fastest, smoothest and quietest cables. Please pack a lunch. Cost is \$70 for residents, \$77 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to sign up. RecXpress Code: 23549

At Home Alone + First Aid

Fri., July 15, 9 a.m.-1 p.m., Northglenn Recreation Center, 11801 Community Center Drive

Preteens can learn how to stay safe when they're home alone through interactive lessons, role play and hands-on training. A first aid section is included. Cost is \$35 for residents, \$38 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to register. RecXpress Code: 23559

Senior Center Ice Cream Social

Fri., July 15, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive

Here's the scoop - the senior center is hosting an ice cream social. Build your own sundae and cool off with friends. The event is free, but please RSVP by July 12 at the center or by calling 303-450-8801. For people ages 55 and over.

Northglenn Players Present "The Addams Family"

July 15-23, D.L. Parsons Theatre, 11801 Community Center Drive

The Addams Family features an original story that is every father's nightmare. Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family - a man her parents have never met. And if that weren't upsetting enough, Wednesday confides in her father and begs

him not to tell her mother. Now, Gomez Addams must do something he's never done before – keep a secret from his beloved wife, Morticia. Everything will change for the whole family on the fateful night they host a dinner for Wednesday's 'normal' boyfriend and his parents. Presented by the Northglenn Players. Cost is \$10 for students and seniors, \$12 for adults. Call 303-450-8800 for tickets.

Family Wiffleball Tournament

Sat., July 16, 9 a.m., Northwest Open Space, 112th Avenue and Ranch Drive

All ages are welcome for this inaugural Family Wiffleball Tournament. Teams of four to six players can include one or many households. Each squad will have at least four games. The registration fee of \$110 includes a t-shirt for each player. Call 303-450-8800 or go to www.northglenn.org/recxpress to sign up. RecXpress Code: 24752

Flick N Float - "Jaws"

Sat., July 16, 8 p.m., Kiwanis Pool, 550 Garland Drive

With June's Flick 'N Float rained out, (apparently it wasn't safe to be in the water), we're showing the original *Jaws* again in July. Youth ages 11 to 15 can watch the movie on the big screen while riding the gentle waves of Kiwanis Pool. We'll provide snacks and inner tubes. Cost is \$5 for residents, \$6 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to sign up. RecXpress Code: 24024

Simply Natural DIY: Health and Beauty

Tues., July 19, 6-9 p.m., Northglenn Recreation Center, 11801 Community Center Drive

- What chemicals are in the products I use?
- How do I use essential oils in my household products?
- What products can I make myself

Discover the benefits of a healthy environment – both in the home and the body – through lectures and hands-on projects. In this class, learn why you should stop using chemical-laden beauty products. Cost is \$42 for residents, \$46 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to sign up. RecXpress Code: 24035

Summer Concert Series: Mass Hipsteria

Wed., July 20, 6:30 p.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

Catch Metro Denver's hottest horn band as they bring the funk in this free concert.

A variety of food trucks and Northglenn brewery Beer By Design will be on site to sell food and beverages.

This year, the series shifts to the west side of the park. In case of inclement weather, the performance will move across the street to the D.L. Parsons Theatre, 11801 Community Center Drive, and start at 7 p.m.

Lung Function Screening

Thurs., July 21, 9 a.m., Northglenn Senior Center, 11801 Community Center Drive

National Jewish Health will be offering free, non-invasive testing to measure how much and how fast you can move air into and out of your lungs. Appointments are required.

Call 303-450-8801 or stop by the senior center to schedule or for more information. Open to all ages.

Northglenn Historic Preservation Foundation Garage Sale

July 22-23, 9 a.m.-3 p.m., Stonehocker Farmhouse, 10950 Fox Run Parkway

Can you find treasure at this annual garage sale? Proceeds benefit the foundation. Donations are welcome. For more information contact Joyce at 720-232-4402 or nhpf1999@aol.com.

Advanced Care Babysitting

Sat., July 23, 9 a.m.-3 p.m., Northglenn Recreation Center, 11801 Community Center Drive
First-time babysitters will learn the skills necessary to watch over young children. Topics include growth and development, prevention and personal safety, discipline, fire safety, feeding, diapering and bathing. Participants earn a CPR/First Aid certificate upon completion. Please bring a sack lunch. Cost is \$55 for residents, \$60 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to sign up. RecXpress Code: 23556

Senior Book Club: "The Last Midwife"

Tues., July 26, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive

It is 1880 and Gracy Brookens is the only midwife in a small Colorado mining town where she has delivered hundreds, maybe thousands, of babies in her lifetime. The women of Swandyke trust and depend on Gracy, and most couldn't imagine getting through pregnancy and labor without her by their sides. But everything changes when a baby is found dead...and the evidence points to Gracy as the murderer. For people ages 55 and over. To reserve a copy, stop by the center or call 303-450-8801.

Summer Concert Series: Citizen Dan

Wed., July 27, 6:30 p.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

Bringing together a world-class line up of musicians playing homage to the songwriting team of Donald Fagen and Walter Becker, Citizen Dan performs straight-up Steely Dan arrangements with spot-on accuracy.

As you enjoy hits like "Do It Again" and "Reelin' In the Years," food and beverages from a variety of food trucks and Northglenn brewery Beer By Design will be on sale.

The Summer Concert Series has moved over to the west side of the park this year. If the weather turns bad, the performance will shift across the street to the D.L. Parsons Theatre, 11801 Community Center Drive, and start at 7 p.m.

Sculpture Tour

Thurs., July 28, 9 a.m., meet at the Northglenn Recreation Center, 11801 Community Center Drive

Did you know the city's sculpture collection contains more than 20 pieces created by artists from around the nation? Visit them all on this guided tour. Afterwards stop at

Atlanta Bread, where you can buy lunch and discuss the pieces. The city will provide transportation. Please RSVP early at 303-450-8801, because this trip will fill up.

Senior Center Summer Salad Days

Fri., July 29, 12 p.m., Northglenn Senior Center, 11801 Community Center Drive

Enjoy the lighter side of lunch with an all-salad potluck. Bring your favorite salad – jello, pasta, garden or potato. (Or you can just bring a dessert.) Bread, crackers and beverages will be provided. Cost is free. Please RSVP by July 26 at the center or by calling 303-450-8801.

Family Campout

Sat., July 30, 5 p.m. to Sun., July 31, 9 a.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

Families are welcome to experience an outdoor overnight adventure in the park. Enjoy pedal boat rides, fishing and other fun activities – including roasting marshmallows around the bonfire. Each campsite can have up to four people, which should include at least one youth and one adult. The fee includes a tent to use, full dinner and a light breakfast. Cost is \$55 per campsite for residents, \$65 for non-residents. Call 303-450-8800 or go to www.northglenn.org/recxpress to register. RecXpress Code: 24750

Break Escapes: Nokuthula

Tues., Aug. 2, 10 a.m., D.L. Parsons Theatre, 11801 Community Center Drive

Come see and learn about the music and culture of Zimbabwe! Nokuthula features traditional instruments, songs, dance movements and more in a performance great for all ages. Cost is \$3.75 per person. Call 303-252-3866 for tickets or more information.

National Night Out

Tues., Aug. 2, 6-9 p.m., locations throughout Northglenn

It's America's Night Out Against Crime!

National Night Out (NNO) is a crime and drug prevention campaign that involves citizens, law enforcement groups, civic groups, businesses, neighborhood organizations and local officials from over 15,000 communities from all 50 states and U.S. territories.

Hang out at block parties hosted by your neighbors. Enjoy food and drinks as you meet police officers, fire fighters, elected officials and city staff.

NNO is designed to:

- Heighten crime and drug prevention awareness;
- Generate support for, and participation in, local anticrime programs;
- Strengthen neighborhood spirit and police-community partnerships; and
- Send a message to criminals, letting them know that neighborhoods are organized and fighting back.

For more information on the event or to host an NNO block party, please contact Nicolle Romero at nromero@northglenn.org or 303-450-8879.

Summer Concert Series: North Boulder Underground

Wed., Aug. 3, 6:30 p.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

With an ear on the volume and an eye on the crowd, the North Boulder Underground plays everything from 60s Classic Rock to the modern sounds of the last two decades. When it comes time to play, they put the energy into every song and set list.

A variety of food trucks along with Northglenn brewery Beer By Design will be selling their meals and beverages as the band plays.

The Summer Concert Series has moved over to the west side of the park this year. In case of poor weather, the performance goes indoors for a 7 p.m. start in the D.L. Parsons Theatre, 11801 Community Center Drive.

Northglenn Senior Hike: Rocky Mountain Arsenal

Thurs., Aug. 4, leave at 9 a.m. from the Northglenn Senior Center, 11801 Community Center Drive

Spend 90 minutes hiking and enjoying nature at the Rocky Mountain Arsenal, located east of Commerce City. Please bring water. Cost is free. The city's van only has 14 seats, so please RSVP early at the center or by calling 303-450-8801.

Senior Center: Alecadabra

Fri., Aug. 5, 1 p.m., Northglenn Senior Center, 11801 Community Center Drive

Be amazed by this rising star, as Alec entertains with feats of magic in this free show. Refreshments will follow. Please RSVP by Aug. 2 at the center or by calling 303-450-8801. For people ages 55 and over.

Summer Movie Series: "Jurassic World"

Fri., Aug. 5, 8:30 p.m., E.B. Rains Jr. Memorial Park, 11800 Community Center Drive

This year's Summer Movie Series debuts with blockbuster *Jurassic World*. A new theme park is built on the original site of Jurassic Park. Everything goes well until the park's newest attraction – a genetically-modified giant stealth killing machine – escapes containment. The film is free and open to the public, so come on by with a blanket or chair and we'll provide the popcorn. Call 303-450-8800 for more information.