

CITY OF NORTHGLENN

COED 6-PERSON VOLLEYBALL LEAGUE RULES AND REGULATIONS

GENERAL RULES:

The official rules set forth by the USA Volleyball shall govern play for the current season, with the exception of designated league rules. Team managers are responsible for having a thorough knowledge of all rules to avoid unnecessary disputes or questions concerning the game or the manner in which the league is operated.

A. Game time is forfeit time. Only possible exception would be due to inclement weather. (This call is at the discretion of the Volleyball Official.) Teams must be **READY TO PLAY BY GAME TIME OF THE FIRST GAME OF THEIR MATCH, 15 MINUTES WILL BE GIVEN FOR THE SECOND AND THIRD GAMES.** After this, the match will be considered a forfeit.

B. **Coed teams must have at least 5 players to start and finish the match** or it will be a forfeit. Coed: (2 men/ 3 women or 3 men/ 2 women). The referee will keep the serving rotation in order; when the sixth player is due to serve, a side-out will be awarded to the opposing team.

C. **A match will consist of three games**, with all three counting towards league standings. The first two games of the match will be played to 15 points regular scoring with a cap of 17. The third game of the match will be played to either 21 or 25 points rally scoring depending on time left in the match. There will be **NO** cap on the third game it will end at 21 or 25 depending what was declared at the start of the third game.

D. **Substitutions:** There will be unlimited substitutions allowed each game. Any substitute shall take the position of the player whom she/he is replacing. No change shall be made in the relative positions of the other players when a substitution is made. After a player has re-enter the game, she/he shall be in the original position to her/his teammates. Substitutions can only occur during a dead ball or time out. A substitute entering the game must be of the same sex as the player they are replacing.

E. No player(s) will be allowed to play unless he or she is on the official team roster. The game(s) will be forfeited by the offending team. **Players cannot play on more than one team in one league.** Players can play on one team in the Coed BB league and one team in the Coed B league.

F. Rosters are **UNLIMITED**. **Player fees must be paid for all players on the team roster including subs for players that are on the roster and waiver forms must be filled out and signed by all players before they are eligible to play. PLAYER FEES ARE NOT TRANSFERABLE.** Player adds/drops will be accepted up to the last week of the regular season of play. **NO ADDS will be allowed for tournament play.** Player adds must be done in person,

Q. Elastic Power: Any and all situations not specifically covered by these league rules shall be acted upon by the General Recreation Program Supervisor. Such action shall be the basis for future decisions. The act of the Supervisor under this rule shall be final and binding upon this league.

R. Let Rule: The “LET” rule states that a ball that hits the net on the serve and goes over will be considered a playable ball and play will continue.

S. First Ball Over: We will be using the USA Volleyball rules for the first ball over for “Double Contact”. The rule states; during the first hit of the team (not blocking), the ball may contact various parts of the body consecutively, provided that the contacts occur during one action. *Commentary: the first hit of the team includes reception; (a) of the serve; (b) of an attack-hit by the opponent [this may be soft or hard attack-hit]; (c) of a ball blocked by one’s own team and (d) of a ball blocked by the opponents. During the team’s first-hit, successive contacts with various parts of the player’s body are permitted in a single action of playing the ball. These include contacts involving “finger-action” on the ball, however, may not be caught and/or thrown.*

T. Attack-Hit (Definition): All actions directing the ball toward the opponent, except a serve or block, are attack-hits.

U. Attack-Hit Fault (Over the Net): A player initiates an attack-hit on the ball completely within the playing space of the opposing team. (This is not all of the attack-hit faults)

V. Blocking Within the Opponents Space: In blocking, a player may place hands and arms beyond the net, inside the antennas, provided this action does not interfere with the opponent’s play. Blocking of the ball across the net above the opponent’s team area shall be permitted, provided: the block is made after the opponents have executed an attack-hit, or the block is made after the opponents have hit the ball in such a manner that the ball would, in the first referee’s judgment, clearly cross the net if not touched by a player and no member of the attacking team is in a position to make a play on the ball. The ball is falling near the net and no member of the attacking team could, in the first referee’s judgment, make a play on the ball. Any third team hit by the opponent is an attack-hit and may be blocked at any time after the contact.

W. Blocking Fault (Over the Net): A blocker touches the ball in the opponent’s space before or simultaneously with an opponent’s attack-hit. (This is not all of the blocking faults)

X. Unattended Infants/Children Policy: Should you bring your child(ren) to the facility, please keep them seated and in close supervision. It is often distracting and hazardous if they are left unsupervised or unattended.

It is the policy of the City of Northglenn Department of Community Services not to allow unattended infants/children into the Recreation Center.

Purpose of this policy is to discontinue the practice by participating parents of bringing their